Utilization Management Request Tool Tutorial

For Behavioral Health Providers

January, 2022



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Topics of Discussion

- What is the Utilization Management Tool?
- Accessing NaviNet®
- Prior Authorization Procedure Search Tool
- Submitting Authorization and Pre/Post Service Medical Necessity Review Requests
- NaviNet Support
- Appendix

What is the Utilization Management Tool?

- The Utilization Management Request Tool is a self-service method to submit authorizations and pre/post service medical necessity reviews easily and securely online through NaviNet®
- The UM tool request module is called CareAffiliate

How to Access NaviNet

To access the Horizon BCBSNJ Plan Central Page

- Click the down arrow on the Health Plans tab on the top bar
- Click on Horizon BCBSNJ under the My Plans section

NantHealth' NaviNet workflows - HEALTH PLANS -	Horizon NJ Health:
Q Q: Can't see the plan you want? Use search to find your plan	My Plans
My Plans	Horizon NJ Health
My Links Content AllPayer Access over 1,000 HEALTH PLANS	

How to Access NaviNet

Horizon BCBSNJ			
Workflows for this Plan Analytics, Insights and Metrics Claim Management COB Questionnaire Submission Eligibility and Benefits	Horizon BCBSNJ News & Legal Notices	Electronic ID Cards	
Provider Data Maintenance References and Resources Referrals and Authorization Horizon Behavioral Health Horizon Email Share	Review important <u>news</u> , <u>legal notices and</u> <u>updates</u> for doctors, other health professionals, hospitals and ancillary providers.	Learn how you can access member ID cards electronically.	
Braven Health sm			
Braven	Have a question? Find answers to Frequently As • Eligibility & Benefits: Look up covered benefits • Claims & Dayments: Search the status of a	ked Questions (FAQs) about: Tits and more	

This is the Horizon Plan Central Page

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Prior Authorization Procedure Search Tool

Prior Authorization Procedure Search Tool

- Our Prior Authorization Procedure Search Tool helps you to determine if the particular service requires an authorization or pre/post service medical necessity review
- Under Referrals and Authorization, select the Prior Auth Procedure Search

Workflows for this Plan Analytics, Insights and Metrics Claim Management COB Questionnaire Submission Eligibility and Benefits	Horizon BCBSNJ News & Legal Notices	This avail BCB
References and Resources Referrals and Authorization	Review important <u>news</u> , <u>legal notices and</u> <u>updates</u> for doctors, other health professionals, Pre-Service Review for Out of Area Members	
Horizon Behavioral Health Horizon Email Share	Prior Auth Procedure Search Referrals TurningPoint PA/MND Requests - Physician	
Braven Health sm	TurningPoint PA/MND Requests - Practice Admir TurningPoint PA/MND Requests - Practice Office Utilization Management Requests	

This search tool is only available for Horizon BCBSNJ Networks

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Prior Authorization Procedure Search Tool

- Select the line of business from the dropdown either Fully Insured or SHBP/SEHBP
- Enter up to 5 CPT or HCPCS codes
- Click Search



Select Select a line of business and enter up to five procedure and/or HCPCS codes. The Select a line of business Select a line of business Hori Select Image: Control of the codes Image: Control of the codes Image: Control of the codes SEARCH SEARCH SEARCH SEARCH Select a line of business Select a line of busines Select a line	The Prior Authorization Procedure Search tool helps you etermine if services require prior authorization for your orizon BCBSNJ patients. You have questions about this tool, please call your etwork Specialist at 1-800-624-1110 (at the prompt, elect <i>More Options</i> and then <i>Network Relations</i>) Monday arough Friday, from 8 a.m. to 5 p.m. Eastern Time.
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FIND A DOCTOR

Prior Authorization Procedure Search Tool

- The results will either state Authorization Not Required or Contact Behavioral Health indicating that an authorization or pre/post service medical necessity review is needed
- If it states Contact Behavioral Health, you can submit the authorization or pre/post service medical necessity review request through the Utilization Management Request Tool



If shows to call, then an authorization or pre/post service medical necessity review is needed



If shows a check mark, then an authorization or pre/post service medical necessity review is not needed

Access the Utilization Management Request Tool

Access the Utilization Management Request Tool

To begin the authorization or pre/post service medical necessity review request process

Under Referrals and Authorization select Utilization Management Requests



• This will open the CareAffiliate module

CareAffiliate® UAT	Home	Appeals	Authorizations	Referrals	Program Enrollment	Care Plan	Messages (1754)	Help
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Authorization and Pre/Post Service Medical Necessity Review Request Process

Authorization and Pre/Post Service Medical Necessity Review Request Process

- Select the Member
- Initiate the Authorization and Pre/Post Service Medical Necessity Review Request
- Request the Type of Service
- Add the Service Dates
- Add the Requester Information
- Enter the Diagnosis
- Add the Service
- Notes Section
- Attachments
- Submit the Request
- Check the Status

Select the Member

- To search for the member, from the Home tab click the Look Up button
- In this section, it is not recommended that you use the member ID search



Select the Member

To search by member name:

Member Search	×	
Member ID Type ID Text Last Name First Name Birth Date	(None)	
Member ID Member Nam	<u>ne Gender BirthDate City State County Othe</u>	
There are no records to display.		1

- Member ID Type must be (None)
- You can enter a partial name with the wildcard asterisk (*)
- Last Name minimum number of characters before wildcard is four
- **First Name** minimum number of characters before wildcard is three
- **Birth Date** you can also enter the DOB with the member's name
- Click Search and click on the member

To search by Member ID:

Member Search				×
Member ID Type ID Text Last Name First Name Birth Date	(None) CCID FEP ID HNJH ID Medicare Number Subscriber ID earch Clear	Cancel		
Member ID Member Nam There are no records to display	n <u>e Gender Birth (</u>	<u>Date City Si</u>	<u>tate County</u>	<u>Othe</u>

- Select Member ID Type:
 - Select CCID (customer card ID) for Horizon BCBSNJ. 3HZN prefix not needed
 - Select FEP for FEP members
 - Select HNJH ID for Horizon NJ Health
- Enter Member ID, click Search
- Click on the member from the list

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Initiate the Authorization and Pre/Post Service Medical Necessity Review Request

- To initiate the authorization or pre or post service medical necessity review request, click the New button next to Authorizations option
- If you click on Authorizations, it will bring up prior submitted requests for the selected member



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Request the Type of Service

To select the type of service:

Under the *General Information* section click on the *Request Type* look
 up icon

General Information			
Member ID	2469533	Q	
Name	SCHMIDTXUAT, PAYNE		
Request Type			م 🛑

• **HINT:** Do not type information directly into the Request Type box

Request the Type of Service

- Click the Search button to get the list of available request types
- To narrow your search, click on the Show Behavioral Health/Substance Abuse Only field



Request the Type of Service

- Click on the appropriate service type from the list displayed
 - This example shows 27 records to choose from within 3 pages

27 records matched your criteria. Please choose a record from the grid below.

<u>Code</u>		Description	Details
OPSAUT		Autism - ABA	
NOABH		BH - NOA	
INPSUD		BH – Substance Use Disorder Inpatient	
DIRFH		DIR Floor Home	
DIRFO	Ð	DIR Floor Office	
HBHS		Home - BH Services	
IOPBH		IOP - BH	
IOPSUD		IOP - SUD	
INPATPSYCH		Inpatient Psychiatric	
OPECT		OP - ECT	
23			

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- Enter the service dates using a 90 day date range
- Select the correct Plan name from dropdown

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Add the Requester Information

- Click on the look up icon next to the *Requesting Provider/Facility* or *Requesting Group* field, as appropriate
 - *Requesting Provider/Facility* should be used when the requester is a solo practitioner or a facility
 - *Requesting Group* should be used when the requester is a group practice

Requester			
Contact Name	testuser, Horizon		
Contact Phone	606-6776787		
Requesting Provider/Facility		_ م	
Requesting Group		٩	
	Use for all Requested Se	rvices	

HINT: Once the user does the initial search for either the group/facility/provider that option will save as a favorite and the full search will not need to be completed. The user is able to type the name directly in the green box

To add the requesting provider:

• Click on the ID Type field under the Individual Provider Search section for a solo practitioner or under the Institutional Provider Search for a group or facility

ID Type:

- Individual providers should select the ID Type NPI and then enter the number in the ID field; if you do not have the NPI, leave the ID Type as None and enter the name
- Groups and facilities should select the ID Type of either *NPI* or *TIN* and then enter the number in the ID field
- Click Search at bottom of page
- Scroll down to view all provider locations associated with the entered NPI
- Select the appropriate location that has an active network and the correct specialty

Provider Location Search



Additional search criteria

HINT: this should be completed with the requesting provider's information, which may be the same as the rendering provider

Add the Requester Information

Match the member's plan type to the address:

- For Horizon BCBSNJ, Medicare Advantage and Braven members, the provider ID should begin with 100
- For Horizon NJ Health, MLTSS, and D-SNP members, the provider ID should begin with 22

Note: If the plan type/address don't match, you will receive the following error message:

JCS_401 : 1 of 1 JCSC_108: The Provider ID you entered does not match the members plan



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Once the location is selected, it will populate in the *Requesting Provider/Facility* field



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Enter the Diagnosis

- Enter the requested diagnosis (DX) code either by typing it directly in the Code field or by clicking on the look up icon
- The DX codes should be entered in severity order with the highest listed first
- Up to four DX codes can be entered on this page
- If additional DX are needed, they can be added to the *Notes* page



Enter the Diagnosis

- If you click on the look up icon, you will see this window pop up
- In the Description field, enter a specific description followed by an asterisk (*) and then select Search
- Select correct DX from the options displayed
- Selection will populate in the DX field

Diagnosis Search					×
Code Type ICD10 Code Description substar	v nce use*		Gender Bot Age 49	th 🔽	
<u>Type Code D</u>	Search escription	Clear <u>Gender</u>	Cancel <u>Min Ag</u> e	<u>Max Age</u>	
There are no records to disp	blay.				
Diagnoses					
\longrightarrow	Diagnosis IC	CD10 F19.9	Other psycho	Q	
	Diagnosis	Code	Description	a	
	Diagnosis	Code	Description	Q	
	Diagnosis	Code	Description	Q	

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• To initiate adding a service, click Service 1 in the *Authorization Request* box in the upper left side of the page

- You will need to re-enter the dates of service
- Click on Service From and To fields and enter the same 90 day date range as previously selected
 - If a different date range is entered, you will receive the following error message:



A Service(1) To Date must be between the plan selection dates : 10/22/2017 and 11/16/2017

Authorizations

• Then click on the look up icon for Provider, Group or Facility

Provider Location Search	(None)				×
Individual Provider Search	Facets Id				~
	SSN J Code				
First Name Last Name					
Institutional Provider Search					
ID Type (None) ID ID Name					
Additional search criteria					
Address		Networks	(None)	\sim	
City			(None)	$\mathbf{\Sigma}$	
State			(None)		
County			(None)		
Search within (None)			ALL 🔽		
Specialty					
Provider Type (None)					~

Repeat the provider search step by either searching the Individual Provider or Institutional Provider but enter the rendering provider's information. The rendering provider information is required to submit these requests.

Remember to match the member's plan type and provider's address to the provider ID

• 100 for Horizon BCBSNJ, Medicare Advantage, Braven Health members; 22 for Horizon NJ Health members

HINT: For facilities, the rendering provider will be the same as the requesting provider

Click on Add Procedure



Click on the look up icon on Procedure Low to open the window to select the procedure

Add Procedure		
Primary 🗹 Procedure Low		_a ←
Procedure High Quantity	(None)	
Total		

This window will open once the Procedure Low look up icon is clicked

- Click the down arrow on Procedure Type
- Select from the dropdown options
- Enter the Code or enter a Description and click Search
- Click on the code in the results returned

roced	lure Se	arch	HCP ICD- Site [CS 10-CM Defined	
Procedu	ure Type Code scription	ny V Behavioral health*	Clear	Gender Both Age 33	
Туре	<u>Code</u>	Description	Gender	Min Age	<u>Max Age</u>

Enter only one CPT code for each service being requested

You will now be back at the Add Procedure page

- The Procedure Low and Procedure High have now been populated
- Enter Quantity
- Click down arrow and select type of quantity
- Total will then populate
- Click Add



- Hint: Procedure Low and Procedure High are always the same
- Procedure High will auto-populate once the Procedure Low is selected

The selected procedure will now appear

thorizations						
		Provider		ц.		
		Group		Q		
		<u>Facility</u>	1001291112-81386553 - TRNCAPE R	<mark>EGI(</mark> Q		
Authorization Request	P	Provider Role	(None)			
Service 1 X On Campus - Outpatient	Procedure II	nformatio	n			
IOD Substance Use					Add Procedure	X Delete Selected
disorder	•	<u>Туре</u>	Procedure Low	<u>Procedure High</u>	<u>Total Qty</u>	<u>Primary</u>
Copy Service Notes (0) Assessment (0) Attachments (0)	□ → <u>Edit</u>	HCPCS	H0015 - Alcohol and/or drug services; intensive outpatient (treatment program that operates at least 3 hours/day and at least 3 days/week and is based on an individualized treatment plan), including assessment, counseling; crisis intervention, and activity therapies or education (Not payable by Medicare)	H0015 - Alcohol and/or drug services; intensive outpatient (treatment program that operates at least 3 hours/day and at least 3 days/week and is based on an individualized treatment plan), including assessment, counseling; crisis intervention, and activity therapies or education (Not payable by Medicare)	16	*

Add Another Service

If you need to add additional services:

- Click on the word Copy Service in the Service 1 panel to open a copy of the last service selected
- The new service will display under Service 1 as Service 2

Authorizations						
		Provider		ц Ц		
		Group		Q		
		Facility 1	001291112-81386553 - TRNCAPE R	EGI(Q		
Authorization Request	Pr	ovider Role (None) 🔽			
Service 1 On Computer - Outpatient	Procedure In	formatior	1			
Hospital/					+ Add Procedure	X Delete Selected
disorder		Туре	Procedure Low	Procedure High	<u>Total Qty</u>	<u>Primary</u>
Copy ServiceNotes(0)Assessment(0)Attachments(0)	D • Edit	HCPCS	H0015 - Alcohol and/or drug services; intensive outpatient (treatment program that operates at least 3 hours/day and at least 3 days/week and is based on an individualized treatment plan), including assessment, counseling; crisis intervention, and activity therapies or education (Not payable by Medicare)	H0015 - Alcohol and/or drug services; intensive outpatient (treatment program that operates at least 3 hours/day and at least 3 days/week and is based on an individualized treatment plan), including assessment, counseling; crisis intervention, and activity therapies or education (Not payable by Medicare)	16	~

Add Another Service

- Click Edit and a new window will open
- Delete the previously selected Procedure Low and Procedure High information
- Click on Procedure Low and select the new code

Authorizations						
		Provider Role (None)			
Authorization Request	Procedure	Informatior	ı			
					+ Add Procedure	X Delete Selected
	•	Туре	Procedure Low	Procedure High		Primary
disorder Service 2 On campus - Outpatient Hospital/ IOP Substance Use disorder		HCPCS	H0015 - Alcohol and/or drug services; intensive outpatient (treatment program that operates at least 3 hours/day and at least 3 days/week and is based on an individualized treatment plan), including assessment, counseling; crisis intervention, and activity therapies or education (Not payable by Medicare)	H0015 - Alcohol and/or drug services; intensive outpatient (treatment program that operates at least 3 hours/day and at least 3 days/week and is based on an individualized treatment plan), including assessment, counseling; crisis intervention, and activity therapies or education (Not payable by Medicare)	16	¥

Add Another Service

This shows how Service 2 will display after the additional service has been selected



Another option for adding another service is to click the Add Procedure button and enter all of the information as was submitted for *Service 1*

Proce	edure li	nformatio	-			
					+ Add Procedure	X Delete Selected
		Туре	Procedure Low	<u>Procedure High</u>	<u>Total Qty</u>	<u>Primary</u>
	• Edit	HCPCS	H0002 - Behavioral healt to determine eligibility for to treatment program (No	th screening <u>H0002</u> - Behavioral health screening radmission to determine eligibility for admission of payable to treatment program (Not payable by	16	4

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Notes Section

Click on *Notes* from the *Authorization Request* panel



- The Notes section will be updated when the request record has a status of:
 - Certified in total
 - Contact payer
 - Modified
 - Pended

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Attachments



If needed, attach external files, such as current clinical documentation, which will help with processing of the request in a timely manner

- Select *Attachments* from the *Authorization Request* panel to open the attachments page
 - Click Add File to open a browser dialog box and select the file(s)

Authorization Request	Attachments				Add File
Service 1	<u>File Name</u>	<u>CDA Title</u>	Date/Time Attached	File Size	Status
On Campus - Outpatient	There are no records to display.				
Hospital/					
IOP Bellavioral Realth					
Notes (O)					
Attachments (0)					

Attachments can be either a Word, Excel or PDF document

Attachments

- Status will appear as Pending Attachment before the file is uploaded
- Select Upload Files to upload the file



• A status of Attached appears when files have been uploaded successfully



You can rename the attachment by clicking the expand/collapse arrow to the left of the default file name

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Attachments

A red text message will be displayed in the *Status* column if there are problems uploading the file

• Click on the *Error Uploading* link to open a message dialog box with information about the error

A An error occurred while attempting to upload the attachment "test cases.txt"								
Authorizations						Sub	mit	
	Attachmonts							
Authorization Request	Attachments					Add File		
Service 1	<u>File Name</u>	<u>CDA Title</u>	Date/Time Attached	File Size	Status			
Office/	test cases.txt			< 1 KB	Error Uploading	Delete		
Surgical	·							

• Up to five files can be attached at once. Up to a maximum of 100MB total. If an attempt is made to attach a file larger than 100MB, an error will be presented indicating that the webpage cannot be displayed

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Submit the Request

- When all sections of the request are complete, click Submit
- A confirmation dialog box will appear, click Yes to submit the request

							,	Welcome Horizon testuser Log Out
								Submit
	Attachments							Add File
	File Name	Cor	ıfirm	×	ime Attached	File Size	Status	
	<u>CA test notes.txt</u>	?	Please make all your changes to this authorization request before submitting.		018 11:22 AM	< 1 KB	Attached	Delete
			Are you ready to submit your changes?					
(0)			Yes No					
(1)								
			•					

Submit the Request

 Once submitted, you will receive a message that states Your Request Has Been Successfully Submitted

Attachments		
<u>File Name</u>	Alert ×	File Size
I here are no record:	(i) Your request has been successfully submitted.	-
	ОК	
	Attachments <u>File Name</u> There are no record	Attachments File Name Alert X There are no record i Your request has been successfully submitted. OK

You will receive a reference number for the request. You can use this number to check the status of the request



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To view the status of your request, click on the Authorizations tab on the main menu

The Status module allows you to quickly and easily locate existing authorization or pre/post medical necessity review requests to check their status

				WEIGHTE HUIZON	resinsei <u>rox v</u>	200
Ithorizations		Se	arch Existing Records	New Authorization	Clear	
						~
Soarch Critoria						
		_				
Member ID	Reference #					
Name Format: Last, First M.I.	Vendor Delegate Auth #					
Requesting Provider ID	Diagnosis	Code Description				
Name e.g.: Last, First M.I.	Procedure	Q				
Requesting Group ID						
Name e.g.: Last, First M.I.	Place of Service (A	ny) 🗸				
Location	Service	✓				
Include location as criteria						
Servicing Provider ID	Service Dates From	То				
Name e.g.: Last, First M.I.	Submission Dates From	То				
Name a g Last First M L						
Location	Status (A	ny) 🔽				~

Home

Appeals

Authorizations

Referrals

Check the Status

- Enter the *Reference* # of the request and click Search Existing Records
- Searches can also be completed by: Requesting provider ID, Place of service, Service begin date from/to, Submission date from/to, Requested provider name or ID, Requested facility name or ID



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Scroll to the bottom of the page where you will see a link for the reference number and the status of your request

Reference #	Vendor Delegate Auth #	<u>Member ID</u>	<u>Member Name</u>	Member DOB	<u>Status</u>	Jiagnosis
0001091489		NEW79614249693	LANTAUXUAT, BAYLAK	01/01/2017	Pended	19.1 : Other psychoactive substance abuse

Please remember to check the status of your requests on a regular basis

Check the Status

Remember to check the *Notes* section as we will be using it to communicate electronically with your office about your requests

- You can only edit your request while it is in Pended status
- To edit the request, click the *Edit* button
- Click the *Print* icon to print a summary of the request



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Check the Status

The summary of the request will be displayed and printed

lequester				
Contact Name	horizon, test			
Contact Phone	714-5399999			
Requesting Provider	1001291112-81386553 - TRNCAPE REGIONAL MEDICAL CENTERXUAT			
Member				
Member	NEW79614249693 - LANTAUXUAT	, BAYLAK		
Date of Birth	01/01/2017	Gender FEMALE		
	was Use diseador Dended			
Service #1 - IOP Substa	ance Use disorder Pended			
Service #1 - IOP Substa Status Reason	Electronic Submission		Begin Date	03/02/2021
ervice #1 - IOP Substa Status Reason Place of Service	Electronic Submission On Campus - Outpatient Hospital		Begin Date End Date	03/02/2021 05/02/2021
Service #1 - IOP Substa Status Reason Place of Service Facility	Electronic Submission On Campus - Outpatient Hospital TRNCAPE REGIONAL MEDICAL CEI	NTERXUAT	Begin Date End Date	03/02/2021 05/02/2021
Service #1 - IOP Substa Status Reason Place of Service Facility Procedure #1	Electronic Submission On Campus - Outpatient Hospital TRNCAPE REGIONAL MEDICAL CEI	NTERXUAT	Begin Date End Date	03/02/2021 05/02/2021
Service #1 - IOP Substa Status Reason Place of Service Facility Procedure #1 Quanti	Electronic Submission On Campus - Outpatient Hospital TRNCAPE REGIONAL MEDICAL CEI	NTERXUAT	Begin Date End Date	03/02/2021 05/02/2021

Also check the Attachments section for additional information from us

• If you see a link under the File Name, you are able to click the attachment instead of waiting for a copy to be mailed to you

+	Return To Search							
	Authorization Request		File Name	CDA Title	Date/Time Attached	File Size	Status	
	Service 1		Additional Info Letter - REQP		11/01/2018 16:00	N/A	Attached	
	Hospital/ IOP Behavioral Health Notes	(0)						
	Attachments	(1)	- -					

Check the Status

The first time the letter is accessed, you will get a pop-up confirming that you are viewing the letter

Click Continue



Check the Status

If the status indicates *Canceled*, this means one of the following:

- No authorization or pre/post medical necessity review was required for this service
- This was a duplicate request
- Request was withdrawn because the procedure was cancelled

Check the Notes page for additional information



Assessment

The Assessment tool allows you to submit a discharge summary online so you do not have to call us with the discharge plan for the member

• Select Attachments from the Authorization Request and click Edit and then click Launch Assessment



Assessment

Enter the information requested for each field and then click Complete to submit it.

Assessment		:: ×
BH Notice of Discharge		^
Notice of Discharge Assessment MET		
Discharge Date		
Mental Status at Discharge		
	~	
	~	
Discharge Diagnosis		-
	^	
	~	
Medications at Discharge		-
	~	
	~	~

NaviNet Support

NaviNet Support

- NaviNet access related issues Contact NaviNet:
 - Go to NaviNet.com and click Contact Support at the top of the home page or click the
 icon to
 - Call NaviNet support at **888-482-8057** Monday-Friday from 8 a.m. to 11 p.m., ET, Saturday 8 a.m. to 3 p.m., ET
 - Open a Case Online
 - Start a Live Chat 8 a.m. to 5:30 p.m., ET
- NaviNet error messages related issues Contact Horizon:
 - Call eServiceDesk at 888-777-5075, select option 3 Monday-Friday from 7 a.m. to 6 p.m., ET
 - Email <u>Provider_Portal@HorizonBlue.com</u>



BHNetworkRelations@HorizonBlue.com



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