

# New Jersey: Early and Periodic Screening, Diagnosis and Treatment Exam

## ADOLESCENCE: 13 YEARS

DATE:

Child's Name:				Date of Birth:			
Allergies:				Current Medications:			
Illnesses/Accidents/Problems/Concerns since birth:							

Recommend practitioner have individual consultation with adolescent

<b>Yes</b>	<b>No</b>		<b>Yes</b>	<b>No</b>	
<input type="checkbox"/>	<input type="checkbox"/>	I eat breakfast every day	<input type="checkbox"/>	<input type="checkbox"/>	I am happy with how I am doing in school and/or work
<input type="checkbox"/>	<input type="checkbox"/>	I have someone I can talk to	<input type="checkbox"/>	<input type="checkbox"/>	I get some physical activity every day
<input type="checkbox"/>	<input type="checkbox"/>	I have questions about sexuality	<input type="checkbox"/>	<input type="checkbox"/>	I get enough sleep; _____ hours per night

WEIGHT KG/LB PERCENTILE:	HEIGHT CM/FT/INS PERCENTILE:	BLOOD PRESSURE:	Diet: _____
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☐ Review of Systems      ☐ Review of Family History

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Screening	N	A	
Hearing	<input type="checkbox"/>	<input type="checkbox"/>	_____
Vision	<input type="checkbox"/>	<input type="checkbox"/>	_____
Development	<input type="checkbox"/>	<input type="checkbox"/>	_____
Behavior	<input type="checkbox"/>	<input type="checkbox"/>	_____
Social/Emotional	<input type="checkbox"/>	<input type="checkbox"/>	_____

Physical	N	A		N	A	
General Appearance	<input type="checkbox"/>	<input type="checkbox"/>	Lungs	<input type="checkbox"/>	<input type="checkbox"/>	
Skin	<input type="checkbox"/>	<input type="checkbox"/>	Chest	<input type="checkbox"/>	<input type="checkbox"/>	
Head	<input type="checkbox"/>	<input type="checkbox"/>	Cardiovascular/Pulses	<input type="checkbox"/>	<input type="checkbox"/>	
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	
Ears	<input type="checkbox"/>	<input type="checkbox"/>	Genitalia	<input type="checkbox"/>	<input type="checkbox"/>	
Nose	<input type="checkbox"/>	<input type="checkbox"/>	Spine	<input type="checkbox"/>	<input type="checkbox"/>	
Oropharynx/Teeth	<input type="checkbox"/>	<input type="checkbox"/>	Extremities	<input type="checkbox"/>	<input type="checkbox"/>	
Neck	<input type="checkbox"/>	<input type="checkbox"/>	Neurological	<input type="checkbox"/>	<input type="checkbox"/>	
Nodes	<input type="checkbox"/>	<input type="checkbox"/>	Gait	<input type="checkbox"/>	<input type="checkbox"/>	
Mental Health	<input type="checkbox"/>	<input type="checkbox"/>	Sexual Maturity Rating	<input type="checkbox"/>	<input type="checkbox"/>	

**Describe findings:**

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☐ Dental Referral      ☐ Menarche

☐ Fluoride Supplement      ☐ Hgb/Hct

☐ Vitamin Supplement

☐ TB Test (if high risk factors present)

☐ Cholesterol Screening (for high risk children)

☐ Review Immunization Record

☐ Dipstick Urinalysis

Elimination: \_\_\_\_\_

Sleep: \_\_\_\_\_

Other: \_\_\_\_\_

**Health Education/Anticipatory Guidance:**  
**(CHECK ALL COMPLETED)**

<input type="checkbox"/> Nutrition/Weight Control <input type="checkbox"/> Body Image <input type="checkbox"/> Development <input type="checkbox"/> Helmets <input type="checkbox"/> Regular Physical Activity <input type="checkbox"/> Suicide/Depression <input type="checkbox"/> Self Exam <input type="checkbox"/> STD/HIV/AIDS <input type="checkbox"/> School Issues <input type="checkbox"/> Fire Arm Safety <input type="checkbox"/> After School Supervision	<input type="checkbox"/> Oral Health Care <input type="checkbox"/> Adequate Sleep <input type="checkbox"/> Seat Belt <input type="checkbox"/> Passive Smoke/Smoking <input type="checkbox"/> Abstinence/Sex Education <input type="checkbox"/> Drugs/Alcohol <input type="checkbox"/> Injury Prevention/Safety <input type="checkbox"/> Peer Pressure <input type="checkbox"/> Acne <input type="checkbox"/> Menarche <input type="checkbox"/> Limit TV
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Other: \_\_\_\_\_

**Assessment:**

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**Diagnosis:**

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**Treatment Plan:**

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**REFERRALS:**

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\_\_\_\_\_

\_\_\_\_\_

**IMMUNIZATIONS:** ☐ given (see VFC Form) ☐ up to date

**NEXT VISIT: 14 YEARS OF AGE**

Health Provider Signature: