

# New Jersey: Early and Periodic Screening, Diagnosis and Treatment Exam

## CHILDHOOD: 12 YEARS

DATE: \_\_\_\_\_

|  |  |  |  |                            |  |  |  |
|--|--|--|--|----------------------------|--|--|--|
| Child's Name: _____                                      |  |  |  | Date of Birth: _____       |  |  |  |
| Allergies: _____   |  |  |  | Current Medications: _____ |  |  |  |
| Illnesses/Accidents/Problems/Concerns since birth: _____ |  |  |  |                            |  |  |  |

  

| Recommend practitioner have individual consultation with adolescent |                          |                                  |                          |                          |   |  |  |
|---|--------------------------|----------------------------------|--------------------------|--------------------------|---|--|--|
| Yes   | No                       |                                  | Yes                      | No                       |   |  |  |
| <input type="checkbox"/>  | <input type="checkbox"/> | I eat breakfast every day        | <input type="checkbox"/> | <input type="checkbox"/> | I am happy with how I am doing in school  |  |  |
| <input type="checkbox"/>  | <input type="checkbox"/> | I have someone I can talk to     | <input type="checkbox"/> | <input type="checkbox"/> | I get some physical activity every day    |  |  |
| <input type="checkbox"/>  | <input type="checkbox"/> | I have one or more close friends | <input type="checkbox"/> | <input type="checkbox"/> | I get enough sleep; _____ hours per night |  |  |

  

|                                   |                                       |                       |             |
|-----------------------------------|---------------------------------------|-----------------------|-------------|
| WEIGHT KG/LB<br>PERCENTILE: _____ | HEIGHT CM/FT/INS<br>PERCENTILE: _____ | BLOOD PRESSURE: _____ | Diet: _____ |
|-----------------------------------|---------------------------------------|-----------------------|-------------|

  

|  |  |   |
|--|--|---|
| <input type="checkbox"/> Review of Systems <input type="checkbox"/> Review of Family History |  | <input type="checkbox"/> Vitamin Supplement <input type="checkbox"/> Menarche<br><input type="checkbox"/> Fluoride Supplement <input type="checkbox"/> Hgb/Hct<br><input type="checkbox"/> Dental Referral<br><input type="checkbox"/> TB Test (if high risk factors present)<br><input type="checkbox"/> Cholesterol Screening (for high risk children)<br><input type="checkbox"/> Review Immunization Record<br><input type="checkbox"/> Dipstick Urinalysis |
|--|--|---|

  

| Screening        | N                        | A                        |       |
|------------------|--------------------------|--------------------------|-------|
| Hearing          | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Vision           | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Development      | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Behavior         | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Social/Emotional | <input type="checkbox"/> | <input type="checkbox"/> | _____ |

  

| Physical           | N                        | A                        |                        | N                        | A                        |       |
|--------------------|--------------------------|--------------------------|------------------------|--------------------------|--------------------------|-------|
| General Appearance | <input type="checkbox"/> | <input type="checkbox"/> | Lungs                  | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Skin               | <input type="checkbox"/> | <input type="checkbox"/> | Chest                  | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Head               | <input type="checkbox"/> | <input type="checkbox"/> | Cardiovascular/Pulses  | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Eyes               | <input type="checkbox"/> | <input type="checkbox"/> | Abdomen                | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Ears               | <input type="checkbox"/> | <input type="checkbox"/> | Genitalia              | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Nose               | <input type="checkbox"/> | <input type="checkbox"/> | Spine                  | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Oropharynx/Teeth   | <input type="checkbox"/> | <input type="checkbox"/> | Extremities            | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Neck               | <input type="checkbox"/> | <input type="checkbox"/> | Neurological           | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Nodes              | <input type="checkbox"/> | <input type="checkbox"/> | Gait                   | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Mental Health      | <input type="checkbox"/> | <input type="checkbox"/> | Sexual Maturity Rating | <input type="checkbox"/> | <input type="checkbox"/> | _____ |

  

|   |  |
|---|--|
| <b>Describe findings:</b><br>_____<br>_____<br>_____<br>_____<br>_____<br>_____<br>_____<br>_____<br>_____<br>_____ | <b>Elimination:</b> _____<br><b>Sleep:</b> _____<br><b>Other:</b> _____<br><b>Health Education/Anticipatory Guidance:</b><br><b>(CHECK ALL COMPLETED)</b><br><div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <input type="checkbox"/> Nutrition<br/> <input type="checkbox"/> Development<br/> <input type="checkbox"/> Regular Physical Activities<br/> <input type="checkbox"/> Seat Belt<br/> <input type="checkbox"/> Safety<br/> <input type="checkbox"/> Passive Smoke/Smoking<br/> <input type="checkbox"/> Violence Prevention<br/> <input type="checkbox"/> Sexual Behavior<br/> <input type="checkbox"/> Injury Prevention<br/> <input type="checkbox"/> Acne<br/> <input type="checkbox"/> Limit TV           </div> <div style="width: 48%;"> <input type="checkbox"/> Oral Health Care<br/> <input type="checkbox"/> Parenting Issues<br/> <input type="checkbox"/> After School Supervision<br/> <input type="checkbox"/> Adequate Sleep<br/> <input type="checkbox"/> Helmets<br/> <input type="checkbox"/> School Issues<br/> <input type="checkbox"/> Firearm Safety<br/> <input type="checkbox"/> Drugs/Alcohol<br/> <input type="checkbox"/> Puberty<br/> <input type="checkbox"/> Menarche           </div> </div> <b>Other:</b> _____<br><b>Assessment:</b><br>_____<br>_____<br>_____<br><b>Diagnosis:</b><br>_____<br><b>Treatment Plan:</b><br>_____<br>_____<br>_____<br><b>REFERRALS:</b><br>_____<br>_____<br>_____<br><b>IMMUNIZATIONS:</b> <input type="checkbox"/> given (see VFC Form) <input type="checkbox"/> up to date |
|---|--|

**NEXT VISIT: 13 YEARS OF AGE**

Health Provider Signature: \_\_\_\_\_