

Member Name: _____ Member ID: _____ Member DOB: _____
 Drug Name: _____ Strength: _____ Directions: _____
 Physician Name: _____ Physician Phone #: _____ Specialty: _____
 Physician Fax #: _____ Pharmacy Name: _____ Pharmacy Phone: _____

Horizon NJ Health
Esketamine (Spravato®) – Medical Necessity Request
*****Complete page 1 for Initial Requests Only*****

Contraindication Information: Please indicate if the member has any of the listed contraindications for the requested drug

- Aneurysmal vascular disease (including in the brain, chest, abdominal aorta, arms and legs)
- Arteriovenous malformation
- History of bleeding in the brain
- None of the above

General Questions:

1. Will the member use Spravato together with an oral antidepressant therapy? **Yes or No**
2. Will Spravato be administered under the supervision of a healthcare provider and be monitored for at least 2 hours after administration? **Yes or No**
3. Has the member been assessed and determined not to be at risk for abuse and misuse of Spravato? **Yes or No**

Diagnosis Information (please select the diagnosis and answer applicable questions as needed):

Treatment-resistant depression? **Yes or No**

- a. If yes, does the member have any contraindications to any antidepressants (i.e. sertraline, duloxetine, amitriptyline, etc.)? **Yes or No**
 - Please explain the contraindication and to which drug(s):

b. If yes, please document all medications the member has used for the given diagnosis, length of trial and discontinuation reasons.

<i>Drug Name</i>	<i>Length of trial (e.g., #days, #weeks, #months, #years)</i>	<i>Discontinuation Reason</i>

- Depressive symptoms in adults with major depressive disorder (MDD) with acute suicidal ideation or behavior
- Other: _____

Physician office's signature* _____ Print Name _____

*Form must be completed and signed by physician or licensed representative from the physician's office

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*****Complete page 2 only for Subsequent/Renewal requests*****

1. Does the member have documented response to therapy demonstrated by an improvement from baseline in the Montgomery-Asberg Depression Rating Scale (MADRS)? **Yes or No**

2. Will the member use Spravato together with an oral antidepressant therapy? **Yes or No**

3. Will Spravato be administered under the supervision of a healthcare provider and be monitored for at least 2 hours after administration? **Yes or No**

4. What is the member's diagnosis?
 - Treatment resistant depression
 - Major depressive disorder with acute suicidal ideation or behavior
 - Other: _____

Physician office's signature* _____ Print Name _____

*Form must be completed and signed by physician or licensed representative from the physician's office